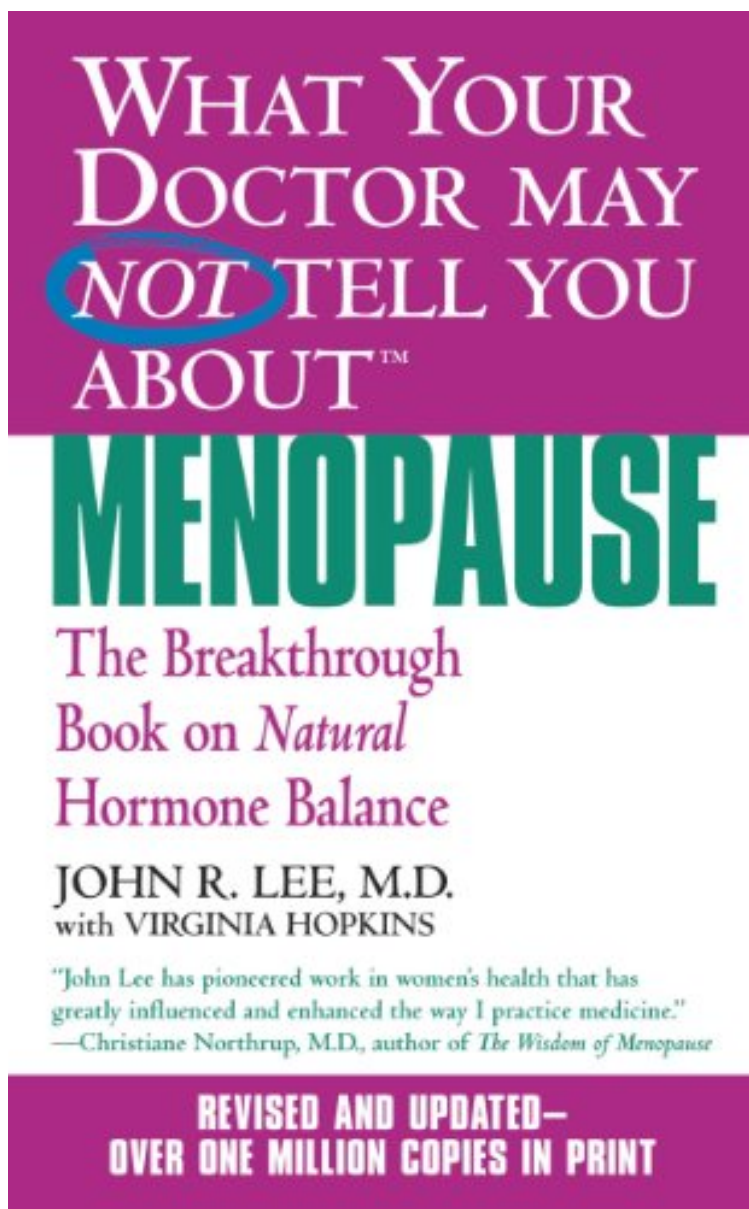


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**What Your Doctor May Not Tell You  
About(TM): Menopause: The Breakthrough  
Book on Natural Progesterone (What Your  
Doctor May Not Tell You About...) (English  
Edition)**



Par John R. Lee, Virginia Hopkins  
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### Description :

Prsentation de l'diteurArguing that giving estrogen replacement therapy to women after menopause is medically the wrong thing to do, Lee suggests that natural progesterone can prevent most of the unpleasant side effects of menopause, including osteoporosis and weight gain..comWomen considering hormone replacement therapy (HRT) for menopause symptoms and health benefits should read this controversial, provocative book first. "Advertising and research dollars are spent trying to convince women that estrogen will cure everything from heart disease to Alzheimer's," writes John R. Lee, M.D., "but there is scant evidence for any of these claims and reams of evidence that synthetic estrogens are highly toxic and carcinogenic." Lee has studied the research and concludes that estrogen is not the magic bullet for protection against heart disease and osteoporosis, nor does it retard aging. Natural progesterone, instead, puts postmenopausal women's hormones in balance, says Lee. He cites study after study that indicates that natural progesterone, obtained in cream form, delivers what the usual HRT only promises. "Menopause as a disease has been largely fabricated by physicians and the pharmaceutical industry," says this leader of a "quiet but powerful revolution" regarding HRT. What Your Doctor May Not Tell You About Menopause covers the benefits of natural progesterone, the history and politics of the medical and drug establishment,

the biochemistry and dynamics of hormones and how they get out of balance, and how to prevent hormone imbalance and stay healthy. Lee empowers you to ask hard questions of your doctor. Highly recommended. --Joan Price  
Presentation de l'diteur  
Arguing that giving estrogen replacement therapy to women after menopause is medically the wrong thing to do, Lee suggests that natural progesterone can prevent most of the unpleasant side effects of menopause, including osteoporosis and weight gain.