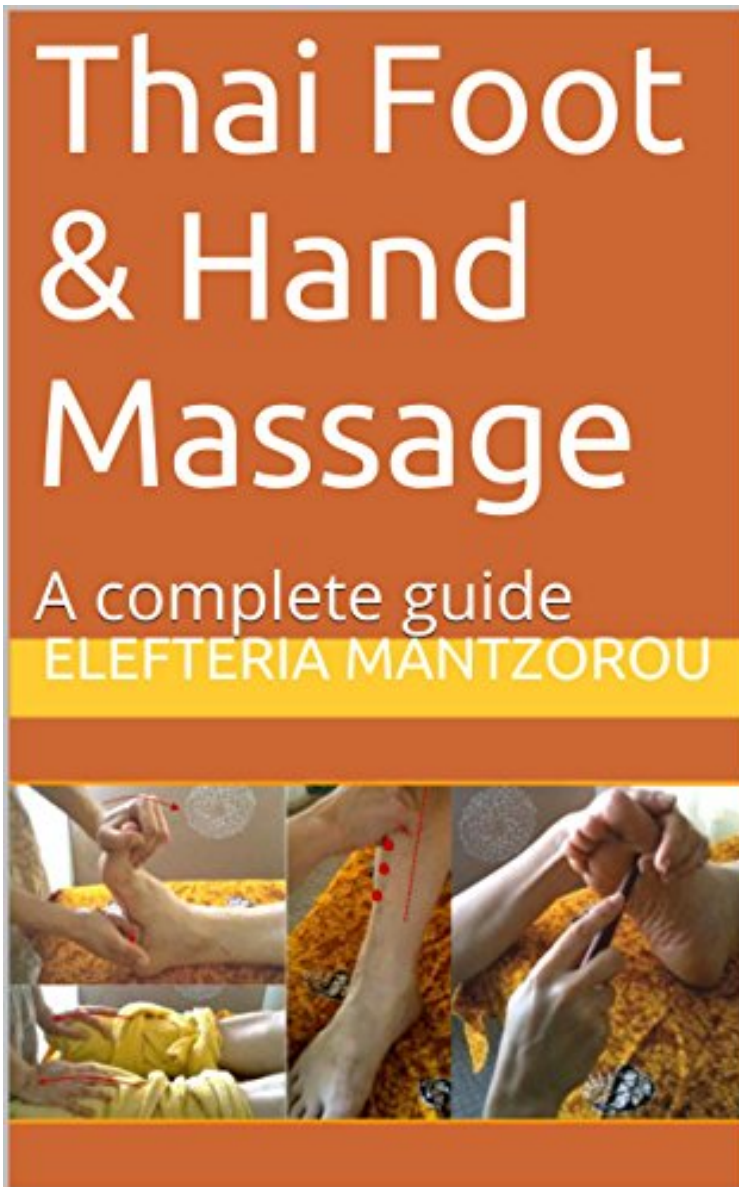


[Ebook pdf] File size: 76.Mb

Thai Foot Hand Massage: A complete guide (English Edition)



Par Eleftheria Mantzorou
*ePub | *DOC | audiobook | ebooks |*
Download PDF

Dtails sur le produit Rang parmi les ventes : #266646 dans eBooksPubli le: 2014-10-13Sorti le: 2014-10-13Format: Ebook Kindle

[Ebook pdf] Thai Foot Hand Massage: A complete guide (English Edition)

Par Eleftheria Mantzorou : Thai Foot Hand Massage: A complete guide (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Thai Foot Hand Massage: A complete guide (English Edition):

Download

Read Online

Description :

Prsentation de l'diteurThai Foot Massage is an ancient art, and part of traditional Thai Medicine. In Thailand, it is the most widely applied treatment.This book is indispensable for all massage teachers, as it contains information and tips from a well experienced massage instructor with 10+ years of experience. Also, it will be valuable for those who wish to start learning simple massage techniques in order to apply them to family members and friends.In this book, you will find:Detailed descriptions on traditional Thai Foot Massage

techniques. Instructions on massage techniques on the dorsal and palmar surfaces of the foot
Work with massage wooden tools and towels
Thai Hand Massage instructions
A small section on self-massage. Elefteria Mantzorou learned the sacred art of Thai Massage in Thailand. Since 2004, she has taught Thai Massage, Thai Foot Massage and Thai Herbal Massage to hundreds of students.
Prsentation de l'diteur
Thai Foot Massage is an ancient art, and part of traditional Thai Medicine. In Thailand, it is the most widely applied treatment. This book is indispensable for all massage teachers, as it contains information and tips from a well experienced massage instructor with 10+ years of experience. Also, it will be valuable for those who wish to start learning simple massage techniques in order to apply them to family members and friends. In this book, you will find:
Detailed descriptions on traditional Thai Foot Massage techniques. Instructions on massage techniques on the dorsal and palmar surfaces of the foot
Work with massage wooden tools and towels
Thai Hand Massage instructions
A small section on self-massage. Elefteria Mantzorou learned the sacred art of Thai Massage in Thailand. Since 2004, she has taught Thai Massage, Thai Foot Massage and Thai Herbal Massage to hundreds of students.