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Hungry City: How Food Shapes Our Lives



Par Carolyn Steel
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Description :

Prsentation de l'diteur*Cities cover just 2% of the world's surface, but consume 75% of the world's resources*Global food production increased by 145% in the last 4 decades of the 20th century - yet an estimated 800 million people are still hungry*In 2005 British supermarkets sent half a million tonnes of edible food to landfill - the whole food sector put together sent 17 million tonnes*One quarter of the British population is obese - one in three meals we eat is a ready mealWHY?The relationship between food and cities is fundamental to our every day lives. Food shapes cities, and through them, it moulds us - along with the countryside that feeds us. The gargantuan effort necessary to feed cities arguably has a greater social and physical impact on us and our planet than anything else we do. Yet few of us are conscious of the process

and we rarely stop to wonder how food reaches our plates. Hungry City examines the way in which modern food production has damaged the balance of human existence, and reveals that we have yet to resolve a centuries-old dilemma - one which holds the key to a host of current problems, from obesity, the inexorable rise of the supermarkets, to the destruction of the natural world. Carolyn Steel follows food on its journey - from the land (and sea) to market and supermarket, kitchen to table, waste-dump and back again - exploring the historical roots and the contemporary issues at each stage of food's cycle. She shows how our lives and our environment are being manipulated but explains how we can change things for the better. Original, inspiring and written with infectious enthusiasm and belief, Hungry City illuminates an issue that is fundamental to us all.

Revue de presse "Exuberant, provocative... her desire that we understand better and think more about our food, how much we waste, how much energy it consumes and how we dispose of it... It is - in the real sense of the word - vital" (David Aaronovitch The Times) "Hungry City is a sinister real-life sequel to Animal Farm with the plot turned upside down by time in ways even George Orwell could not have foreseen" (Observer) "Lively, wide-ranging, endlessly inquisitive... Hungry City is a smorgasbord of a book: dip into it and you will emerge with something fascinating" (Independent) "Absolutely crammed with eye-opening facts and figures, a hugely readable account of the part we individually play in a global problem. Highly Recommended" (Publishing News) "She can précis her specialist sources briskly, and her own direct research (e.g. a mega kitchen for cooking ready meals) is lively" (Vera Rule Guardian)

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