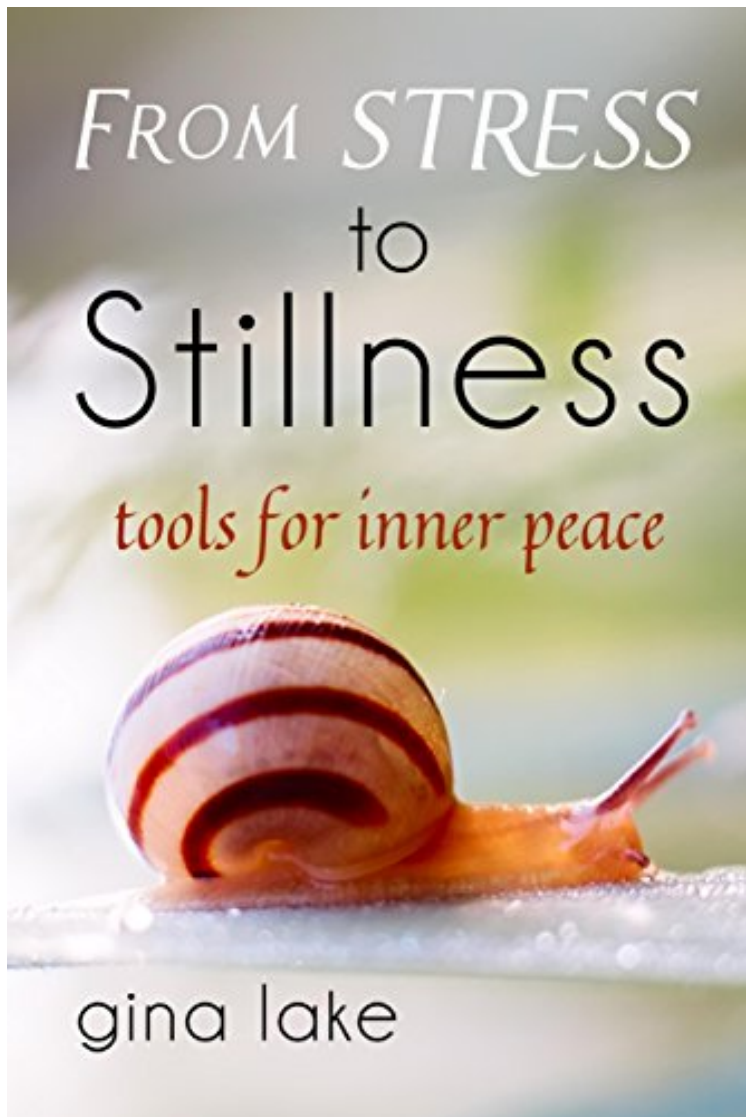


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From Stress to Stillness: Tools for Inner Peace (English Edition)



Par Gina Lake
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Biographie de l'auteur
Gina Lake is the author of over twenty books about awakening to ones true nature, including From Stress to Stillness, All Grace, In the World But Not of It, The Jesus Trilogy, A Heroic Life, Trusting Life, Embracing the Now, Radical Happiness, and Choosing Love. She is also a gifted intuitive with a master's degree in counseling psychology and over twenty-five years experience supporting people in their spiritual growth. Her website offers information about her books and online courses, free ebooks, book excerpts, a monthly newsletter, a blog, and audio and video recordings:

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