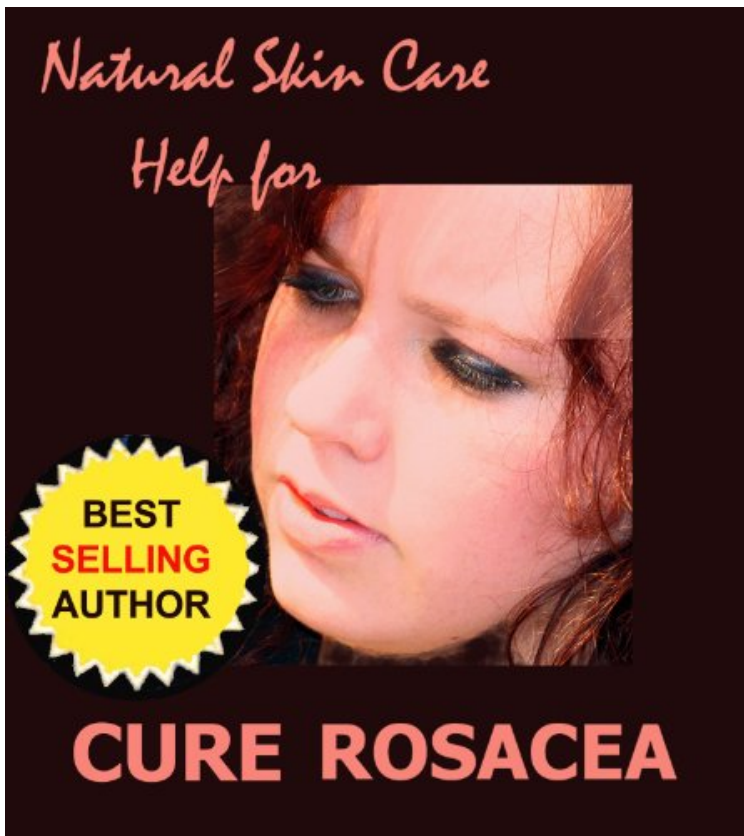


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Cure Rosacea - New Information, Help and Hope for Adult Acne (Natural Skin Care Book 1) (English Edition)



Par Julia Busch

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to have genetic ties. It affects more women than men, especially emotional, rosy, fair, thin-skinned women with tempers, but symptoms are more pronounced in men. Not usually apparent in youth, rosacea develops over a period of years, appearing at first as a temporary flush in the center of the face and becoming more apparent after the age of 30, with peak age onset between 30 to 60. It's the result of vasodilation (the expansion of small blood vessels), but different from a blush. It's more intense and lasts longer. Whether temporary or almost permanent, the flush begins as redness on the central face across the cheeks, nose, or forehead, eventually encompassing chin, less commonly affecting the neck, chest, ears, and scalp, with broken blood vessels, and showing up at the sides of the nose (this is not to say that everyone with broken blood vessels at the sides of the nose has rosacea). Additional symptoms, such as red domed papules (small bumps) and pustules, red gritty eyes that burn and sting and in some advanced cases, a red lobulated W.C. Fields nose, may develop. Suppressing emotions, such as fear and anger will increase occurrences, as will the anticipation of important events or unpleasant scenes. This also heightens the damaging potential to the skin. After dilating repeatedly, blood vessels lose the ability to shrink and your face stays flushed. Rosacea, like acne, is not fully understood. Often, it's accompanied by dandruff as well as oily skin and pimples, particularly on the nose. That being said, there is new information which points to digestive involvement which can be successfully addressed, along with natural skin care. This book tells you how you can control rosacea with simple steps.

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